Crash can’t stop Emily

NINE months after a horrifying cycling accident, Mentone Girls’ Grammar School student Emily Dunk is back on her bike and raring to compete at the National Triathlon Championships.

It’s a remarkable recovery for the 13-year-old Beaumaris resident, who suffered serious facial injuries, a snapped collarbone, displaced the other and was knocked unconscious in the crash at Castlemaine in April last year.

The crash happened at the Victorian Criterium Championships when another rider collided with her about 50km/h.

Emily was airlifted to Melbourne and spent 12 days in hospital.

It wasn’t a smooth recovery, with Emily fracturing her elbow the first day back on her bike.

But father Robin said the injury was no setback, with Emily taking part in a karate grading event days later.

“The way Emily has come back from all of this is just miraculous,” Mr Dunk said.

She is the first Victorian female to compete at a national level in triathlon and cycling.

“People have been saying I’m still young and I don’t have to choose which one to focus on,” Emily said. “But I don’t want to have to choose.”

Emily is a Mordialloc Chelsea Leader sports star nominee.

Email mordialloc.chelesea@leadernewspapers.com.au or phone 9584 8400 to nominate a sports star who has achieved at state level or above.